

VILLA SCALABRINI
 Retirement Center & Special Care Unit
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VILLA SCALABRINI
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SPRING/SUMMER NEWSLETTER - VOLUME LIX



Villa Scalabrini Retirement Center



villascalabrini.com

Villa Scalabrini Celebrates 40 years of Loving Care
Dear Villa Scalabrini Family,



On April 22, 1979, Fr. Luigi Donanzan, the Scalabrinian Pastor of St. Peter's Church in Los Angeles, together with a committed group of supporters and benefactors from the Italian-American community, witnessed the realization of their dream to care for the needs of the elderly.

On that day of dedication, Villa Scalabrini was blessed by Cardinal Timothy Manning, who expressed his admiration for this splendid sign of the Church's care for the elderly and the sick. On that day, Edward Di Loreto, chairman of the building committee, called the realization of the Villa "a miracle!"

A section of the Villa was set aside for the retired Scalabrinian Priests and Brothers, who have since provided liturgical services and management of the Villa. The beautiful chapel, later enriched with a stunning mosaic representing the risen Lord, was designed by its founders as a place of worship for the residents who wish to celebrate the faith that has enlightened their life and families. Religious Sisters, whom Fr. Donanzan called "the Guardian Angels of the Villa," have maintained their much-appreciated ministry, which is now provided by the Augustinian Recollect Sisters.

Guided by faith, the dedicated staff of Villa Scalabrini has been making a positive impact in the life of thousands of residents and their families. The gift of their loving care and experience is constantly recognized with gratitude.

While the original spirit of the founders has been kept shining for forty years, the services at the Villa have grown and developed. Since its beginning, with God's help, new facilities have been added to better meet the needs of our retired community.

- In 1988, a Special Care Unit was attached to the Villa in order to offer comprehensive care to all residents who are in need of skilled nurses, therapists and licensed care professionals to guide them through personalized therapy in order to regain their independence.
- A Memory Care Unit was established at the Villa in the 1990s. It is a separate retirement area that specifically caters to patients with Alzheimer's disease, dementia and other types of memory issues, providing for them 24-hour supervised care.
- The latest addition to the Villa's service was "La Piazza": An answer to what many people choose as their first step of retirement. The La Piazza, comprised of 20 individual residences with attached carports, is designed for active seniors. Residents enjoy the benefits of living in a community while maintaining independence and privacy.
- We are thankful for the generous donations made by the residents and their families to improve our grounds. The original bocce courts were replaced by a spacious "Garden Pavilion" that is used for outdoors social events for residents and their families. Also, a generous contribution has made possible the creation of the new "Meditation Garden" where the residents of the Villa have easy access to a place of contemplation and peace outdoors.

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ACTIVITIES HIGHLIGHTS

RESIDENTS' ACTIVITIES

A warm thank you to our Activities Team of Ricardo Alas, Sister Mavieve Joy, Maria Bedoya and all their Volunteers for filling our Residents' time with fun activities, entertainment and all around support in making life at the Villa a pleasant, spiritual and fulfilling experience. You're awesome!

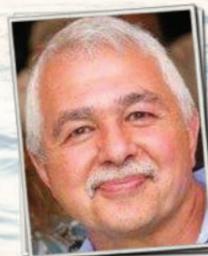


YOU CAN HELP

Note: If you would like to volunteer in our Assisted Living or Special Care Units, please contact Ricardo Alas or Maria Bedoya at 818-768-6500 for details and requirements. Thank you!

SPECIAL CARE UNIT

To all our families, friends and Staff:



As we celebrate the 40th Anniversary of Villa Scalabrini existence, we thank all the supporters and volunteers for their endless devotion, their beautiful spirits, and the infinite hours of labor they give to the Villa each year.

From the bottom of my heart, I thank Villa Scalabrini staff for the enormous amount of time and effort they contribute to assisting our residents anywhere, anyway and anytime. And from the bottom of my heart I thank the Sisters for dedicating their entire lives to caring for their mission and the elderly. Villa Scalabrini is and always will be a team effort. If it weren't for the combined strength of each of you, Villa Scalabrini would cease to exist.

Our residents inspire us to appreciate what God has given us and we try to project His love to our residents by giving them love and providing quality care. We wear different glasses every day because life has different shades and colors every day.

Lastly, in addition to welcoming new residents, we would also like to welcome the new staff members who have recently joined our team.

- Ruben Espinas CNA
- Laura Alcalá Colchado CNA
- Lorena Bocanegra DIETARY SERVER
- Raquel Jaramillo CNA
- Martha Paramo CNA
- Matilda Arana CNA
- Ian Quitayen NURSE ASSISTANT

Blessings to you all,
Ardy Afshar
Administrator/CFO



La Piazza AT VILLA SCALABRINI



An exceptional living experience at an affordable price!

Individual homes make our community exclusive and special.

- Enjoy your own beautifully appointed home with more than 1200 square feet
- 2 bedrooms, 1 bath all on ground level
- Soaring 10' ceilings
- Full gourmet kitchen
- Attached carports
- Private patios
- Utilities included
- Pet friendly
- Complete maintenance, including weekly housekeeping and linen service
- Two gourmet meals a day, 5 days a week
- Landscaped grounds, walking paths
- Putting green, gym facilities, library, Club house
- Weekly wellness program, movie nights, games and more
- Secure premises, 24 hours a day

The Best in Retirement Living



SUMMER IS A TIME FOR ENJOYING THE GREAT OUTDOORS!

Unfortunately, the summer sunshine, UV rays and heat also can bring a few dangers, especially for seniors, including sunburn, eye damage, dehydration, heat exhaustion and more.

With some precautionary steps everyone can enjoy the blue skies and warm weather. Below is a list of 7 things seniors can do to improve their safety during the hot summer months.

1. Drink plenty of fluids: Aim to drink 6 to 8 glasses of water per day. By the time you are thirsty, your body is already dehydrated. For seniors, the feeling of thirst decreases as we age, so be sure to increase your water intake if you are exercising or doing any type of prolonged physical activity. Of those fluids you are taking in, be sure they are non-alcoholic and decaffeinated. Carbonated sodas and pops may taste good, but they will only further your dehydration.

2. Pick the right outfit with accessories: When possible, wear loose, lightweight, and light-colored long sleeves to help protect your skin from sun, while also allowing your skin to breathe. Use wide brimmed hats to keep the sun off of your face and neck, as well as full coverage (wrap around) sunglasses for the best eye protection. Glasses that block UVA and UVB rays can help reduce the cumulative effect of damage linked to cataracts and age-related macular degeneration.

3. Turn on your air conditioning: Air conditioning is important when it is hot and humid outside.

4. Be an early bird or night owl: The sun is strongest between 10 am and 4 pm. If you must be outside during a summer heat wave, limit your outdoor activity to the morning and the evening, when the temperature is lower and the sun is less intense.

5. Watch for heat stroke: It is extremely important to watch for signs of heat stroke, especially for seniors. Some signs to look for include confusion, disorientation, dry skin, excessive tiredness, headache, lethargy, nausea, and a rapid pulse. If you or someone you know experiences these symptoms, seek medical attention immediately.

6. Review your medications: Many seniors use medications daily. Some medications can cause side effects, like increased sensitivity to ultraviolet (UV) rays. Review all medications and check with a doctor or pharmacist for any questions.

7. Wear sunscreen: Sunscreen is a major component to preventing sunburns. Look for a sunscreen that blocks both UVA and UVB rays, and also have a sun protection factor (SPF) of 15 or more. Be sure to apply it about 15-30 minutes before exposure. If you're enjoying water activities, be sure to reapply your sunscreen frequently. It only takes about 15 minutes for the sun to damage unprotected skin. You may not notice it immediately, but the damage is there.

Have a great summer!



Check us out!

To check for residence availability, to take a tour or to request a brochure please contact Laura Mesrobian, Admissions Director, at (818)768-6500 ext. 228 or Laura@villascalabrini.com



CELEBRATING 40 YEARS OF SERVICE

1979 – 2019 A Bit of History

Continued from page 1



A look at the future

During the last 40 years, God has kept alive our founders' dream by sending to the Villa His messengers with the generous help needed in various improvement projects.

We are glad to share with you some new projects that we are hoping to be able to accomplish with your help:

- a) **At the Villa Scalabrini:** an addition of 12 rooms dedicated to the Memory Care, for which there is an increase demand.
- b) **At "La Piazza":** an addition of 8 to 10 units. There too there is a waiting list of people who would like to join the community.
- c) **At the Retired Scalabrinian Fathers and Brothers Residence,** lately occupied by seminary students and their formators, we are in the process of remodeling the house originally built for them and welcoming them back again.

By sharing these "dreams", I invite everyone to help with one of these projects. Doing so can be a rewarding way of thanking God for the care that we have been privileged to offer to our seniors and for the ministry offered by the Scalabrinian Fathers to the migrants in the United States and other countries. With your generous support, we will soon witness another "miracle", similar to the one recognized at the inauguration of the Villa. Together we thank God for having given us the privilege of being companions on the journey to so many special residents and their families. For forty years we have received the gift of their trust and confidence which we hold dearly in our hearts. I feel very honored to be part of such a loving team of caregivers and friends!

Please set aside Sunday October 6, 2019 so that you may participate in a Thanksgiving Mass at 10:30 a.m. at the Villa's Chapel. Residents and their families are invited to make their reservation for the annual festive picnic to follow the Mass in the Villa's Pavilion. Let us always give thanks and rejoice in the Lord.

Happy Spring Season!

Fr. Adilso Luiz Balen, cs
Executive Director

April 22, 1979 Dedication of Villa Scalabrini

The festivity of the Dedication of Villa Scalabrini took place on Sunday, April 22, 1979 at 3:30pm, with the presence of His Eminence Los Angeles Cardinal Timothy Manning and Los Angeles Mayor Tom Bradley. A crowd estimated between 2000 and 2500 took part of the ceremony. *"This date is a historic occasion for joy and celebration. The dedication of the Villa Scalabrini Home is the culmination of a great dream. It was made possible through the charity and love of many, the dedication and hard work of those who promoted the project, and through the grace of the Lord."*

Congratulations and best wishes,
Tom Bradley,
Mayor

Handwritten dedication by Los Angeles Mayor, Tom Bradley



WAYS TO GIVE

"Charity is certainly greater than any rule. Moreover, all rules must lead to charity."

St. Vincent De Paul

We are grateful for the many gifts of financial support we receive throughout the year. These gifts help us meet the needs of our Retirement Center and the senior residents it serves.

Unrestricted donations will be used toward general facility improvements.

Restricted donations will be used for the purpose designated by the donor.

We appreciate your generous support.

Benevolence Fund - The Benevolence Fund supports one of our missions - to provide comfortable and dignified living choices to under-served or otherwise compromised seniors, whose income and assets are insufficient.

Special Projects - Funds donated towards special projects will be allocated for facility improvements.

Where Most Needed - We always appreciate unrestricted funding, which is directed to general operating costs. In the end, all our resources enable us to provide the best care and services to our residents that we possibly can.

Ways to Give: Cash, Check, Credit Card Gift or Online Donation - The easiest, most direct way to support Villa Scalabrini.

Make a Donation to Villa Scalabrini

To make a donation to Villa Scalabrini you can access our website www.villascalabrini.com/waystogive and donate using your credit card via Paypal, or you may print a donation form and mail with your check.

Through the philanthropic support of donors, Villa Scalabrini will be able to enhance its services and impact the lives of its senior residents.

Your generosity is vital and allows us to provide the excellent care and services you have come to expect from Villa Scalabrini.

Fathers of Saint Charles (Villa Scalabrini) is a not-for-profit, tax exempt organization as described in section 501 (c)(3) of the Internal Revenue code.

 What if Villa Scalabrini earned a penny every time you searched the Internet? Well, now we can!

GoodSearch.com is a new search engine that donates ad revenue, about a penny per search, to the charity its users designate. Use it just like any search engine, and it's powered by Yahoo!, so you get the same great results.

Just go to www.goodsearch.com and enter Villa Scalabrini as the organization you want to support. Just 500 of us searching four times a day will raise about \$7300 in a year without anyone spending a dime! Please spread the word!

Welcome New Residents!

Vittoria Balzer
Rosa Bellettini
Rafael Bellettini
Gerald Burns
George Chernock
Lina Dal Ponte
Ruth De Los Santos
Kenneth Jensen
Jayne McKenzie
Frank Meccia
Marjorie Murphy
John Redfern
Erna Rischar
Carl Sullen
Eileen Sullivan
Dina Tomei

